

The Dangers of Baby Pillows

That baby pillows may cause harm to their child is something parents have heard before. But that the baby pillows are harmful is something they simply refuse to believe. Thus many children are still being victimized by something that is so innocent looking as baby pillows. What parents should know is that, the main cause of fatalities under that age is SIDS or sudden infant death syndrome. Suffocation, strangulation and rebreathing in children go hand in hand with SIDS. The baby pillow plays an important role in most of these cases.

Soft bedding, baby sleeping on his stomach and baby pillow causes strangulation and suffocation in children under the age of one. One fact is that the baby pillow is as harmful as sleeping on their stomach and soft beddings. Major causes of suffocation in younger children includes the baby pillows. This happens if the pillow ends up on the face of the baby if he grasped it accidentally. If the baby fails to remove the pillow from his face, he may get suffocated. In most cases, the baby suffocate when the pillow get too close to the baby.

Another leading cause of SIDS is rebreathing. Rebreathing is when the baby breathes carbon dioxide or what is more commonly known as bad air. Rebreathing happens when the baby, instead of breathing oxygen, inhales the carbon dioxide he has exhaled. Rebreathing may be caused by loose sheets or beddings getting over his head. What many do not know is that baby pillows may also cause rebreathing. This may occur if the baby pillow gets too close to the face of the baby and the baby re breathes the carbon dioxide he has exhaled. If parents do not remove the baby pillow from the crib, the baby is still not safe from rebreathing even if the sheets and beddings are well secured.

To reduce the risk of SIDS doctors recommend to parents not to use baby pillows until the baby is out of his crib and is already on toddler bed. This is because unless the baby is on his toddler age, he is not ready for pillows. The baby do not need pillows to sleep comfortably so this is not really a problem. Babies and even adults do not need pillows to get a good and comfortable sleep according to medical sleep experts. Nevertheless, make sure that your child is already on his toddler bed and is old enough if you are really keen on introducing him to pillows. Otherwise, instead of introducing him to what you think is an additional comfort, you may just be introducing him to harm.[Try this](#) -- [Try this](#) -- [Try this](#) -- [Try this](#) -- [Try this](#) --

About the Author

More information related to baby pillow, goto [this link](#).

Source: <http://learnitarticles.com>