

Baby Pillow:misnomer

Doctors do not recommend using a pillow for a baby. Typically, a child can begin using a pillow around the age of two. Toddlers can become attached to their pillows. Because pillows are soft and springy, they are very huggable and super cuddly for toddlers.

It can be dangerous to use a pillow with a child under the age of two. Using a pillow with a baby increases the risk of suffocation. If a baby should end up with his face in a pillow he is not able to turn away from or push away the pillow. A baby under the age of two may roll over face down on a pillow and not be able to roll back over. If a caregiver is not around when a baby rolls over into a pillow, the results can be tragic.

Toddlers around the age of two can safely begin using a pillow. Toddlers do not always think a pillow is for sleeping. Pillows can provide a sense of security more than comfort for a toddler. Toddlers may prefer to hug a pillow because it is soft and springy. The softness of a pillow may be helpful to a toddler when a caregiver is not around. Toddlers do not use pillows only for resting their heads but may sleep with their entire body on it or curl up with a pillow. Toddlers may often view any pillow as a time to curl up and go to sleep.

Using a pillow for a baby is not recommended by doctors. To prevent possible suffocation, do not use a pillow with a child under the age of two. Two year olds can safely use a pillow. You may find your toddler hugging the pillow rather than sleeping on it. Your child may feel more secure hugging his pillow when you are not around to comfort him. Toddlers may grab any pillow they see and curl up with it to sleep. Find more [Baby head pillow](#) - [Baby head pillow](#) - [Travel pillow](#) - [Personalized baby pillow](#) -

About the Author

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