

## Do Babies Need a Baby Sleep Pillow

Children under the age of two should not use a baby sleep pillow. There is a real danger of suffocation if a pillow is put in a crib. Suffocation and death can result from placing a baby sleep pillow in a crib. Babies cannot lift their body off of a baby sleep pillow and can suffocate. Baby sleep pillows are a wonderful gift for babies over the age of two. Cuddling with a baby sleep pillow is something a child over two likes to do. A baby sleep pillow can offer a child comfort when they are trying to go to sleep.

Doctors do not recommend using a baby sleep pillow under the age of two. Babies often roll over face down onto a pillow and may not be able to roll off the pillow. Suffocation can result if a baby rolls over face down onto a pillow and cannot remove themselves from the pillow. A baby sleep pillow should not be used until a child is ready to sleep in a bed.

For children over the age of two, a baby sleep pillow is a wonderful item. Hugging a pillow to their body sometimes helps calm a child's fear of the dark. The soft, springy material of the baby pillow offers comfort to a child who is trying to go to sleep. Cuddling up with a soft baby sleep pillow can help a child feel less alone and help them sleep better.

A baby sleep pillow provides comfort when the caregiver of the child is not around. When a child hugs the soft baby sleep pillow, it almost feels like they are hugging their caregiver. Hugging a baby sleep pillow can often help a child feel more secure.

## About the Author

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